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## A study to assess the level of knowledge on hepatitis among adults at selected rural community in Chennai

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### Abstract

**AIM:** To assess the level of knowledge on hepatitis among adult and to associate the level of knowledge with selected demographic variable. **Methodology:** The approach chosen for the study is non - experimental descriptive study conducted in Naganalar community the study population comprise of adult within age group of 15-50 years. The sample size is 50 adult selected by Non –probability convenient sampling technique. The tool chosen for the study is structured questionnaire method. The data are analysed using descriptive and inferential statistics. A Study concluded that 60% of sample had moderate knowledge regarding hepatitis, 8% of samples had adequate knowledge and 32% of sample had inadequate knowledge. The knowledge on hepatitis is very essential for the people who residing in the community area.

**Keywords:** Knowledge, adult, hepatitis

### Introduction

India is a diverse country where different people of different cultures are living in our country. It is also the second most populated country in the world. So, the emergences of disease condition are also more. Hepatitis is very contagious liver disease that is caused by hepatitis a, hepatitis c viruses. The immunization program in Malaysia has been integrated since 1989. Ministry of health Malaysia have reported that vaccination coverage among the babies were 98.3% for first dose, 91.6% for second dose and 89.6% for third dose and there were no available data regarding vaccination among adults<sup>2</sup>. We believe that the current state of hepatitis infection in Malaysia is due to the inadequate awareness and knowledge and HBV and very low up take of hepatitis b vaccination by the lay public<sup>[1, 2]</sup>. In addition to it, misconception on the symptoms hepatitis should be corrected through educational efforts so that the false sense of security will not be compounded by the widespread<sup>[3]</sup>.

### Methodology

Accomplish the main objective of the study to assess the level of knowledge on hepatitis among adult and to associate the level of knowledge with selected demographic variable. The Non –experimental descriptive study conducted in Naganalar community the study population comprise of adult within age group of 15-50 years. The sample size is 50 adult selected by Non –probability convenient sampling technique.

### Description of research tool

The instrument used for the data consist of two parts

**Part 1:** It consists of demographic characteristics such as age, sex, education, occupation, income

**Part 2:** Multiple choice Questionnaires was used to assess the knowledge on hepatitis.

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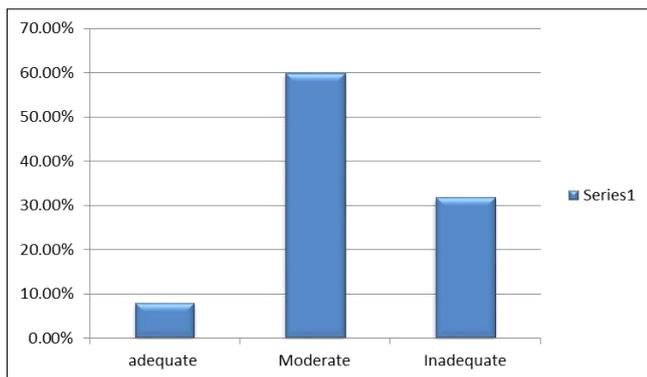
**Results**

**Table 1:** Frequency and percentage distribution of demographic variables

S. No	Demographic variables	Frequency	Percentage
01.	<b>Age</b>		
	a. 20-25 years	13	26.0
	b. 25-30 years	8	16.0
	c. 30-35 years	11	22.0
	d. 35-40 years	18	36.0
02.	<b>Sex</b>		
	a. Male	17	34.0
	b. Female	33	66.0
03.	<b>Education</b>		
	a. Primary/ Illiterate	36	72.0
	b. High School	4	8.0
	c. Higher Secondary School	7	14.0
	d. Degree	3	6.0
04.	<b>Occupation</b>		
	a. Coolie	8	42.0
	b. Business	12	36.0
	c. Government Employee	15	10.0
	d. House Wife	14	12.0
	e. Student	1	2.0
05.	<b>Income</b>		
	a. Below Rs.2500	21	42.0
	b. Above Rs.2500 & Below Rs.5000	18	36.0
	c. Above Rs.5000 & Below Rs.10000	5	10.0
	d. Above Rs.10000	6	12.0

**Table 2:** Frequency and percentage distribution of knowledge on hepatitis among adult

Level of knowledge	Frequency (n)	Percentage (n)
Inadequate knowledge	16	32.0
Moderate knowledge	30	60.0
Adequate knowledge	4	8.0



**Fig 1:** Shows adequate moderate and inadequate

**Table 3:** Mean and standard deviation of knowledge on hepatitis among adult

	Mean	Standard deviation
Level of knowledge	7.1	2.436

**Discussion**

**Assess the level of knowledge regarding hepatitis among adults**

Results Shows that 8% have adequate knowledge, 60% have moderate knowledge, 32% have inadequate knowledge.

**Associate the level of knowledge with demographic variable**

The first objective of the study was to assess the existing

knowledge regarding hepatitis infection among adults.it was evident from table-2. Similar findings have been reported among studies conducted among medical students of northwest Ethiopia, Karachi and Ahmedabad [5, 6]. 95.9% of students said that shared needles and unproduced sexual contact are a risk factor for hepatitis B [4]. Similar finding were given by WHO [7]. 98.8% of students were aware about the availability of hepatitis B vacation.

The second objective of the study was to associate the level of knowledge with the selected demographic variables.it was evident from table-3. This was similar to the study conducted among health care workers by S setia 75.1% said that hepatitis B was curable [8]. Similar result were obtain in a study conducted in Rajasthan by baig VN 99.4% student said that vacation can prevent hepatitis B infection [9]. This is similar to a study conducted by satekge, M. 97.1% said that screened blood transfusion can prevent transmission of hepatitis B [10].

This was similar to study conducted among medical student Rawalpindi by Raza W 98.5% said that diagnosis of hepatitis B is by markers test (HBsAg) [11].

This was similar to the guidelines given by WHO regarding hepatitis B [12]. 100% student gave the correct answer that newborns born to infected mother should be vacation to prevent prenatal transmission of infection. Similar guideline had been provided by WHO in 2015 [13]. Finally, the result shows that there is no significant association between their level of knowledge with selected demographic variable age, sex, education, occupation and income.

**Conclusion**

Hepatitis – B is an acute systematic infection with major pathology in the liver, caused by hepatitis virus and transmitted usually by parenteral route. A study was conducted with the aim of identifying the level of knowledge regarding hepatitis and to associate the level of

knowledge with selected demographic variable. The results show that 60% of samples had moderate knowledge, 32% of samples had inadequate knowledge. The study concluded that knowledge on hepatitis is very essential for the people who residing in the community area.

### Recommendation

A similar study can be conducted as an experimental study. Comparative study can be done to find out the difference between urban and rural.

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